

# SCREAM

## Strengths + Character = Heroic Life

Empowers students to think critically, feel deeply and act wisely to build trustworthy character.

A dynamic combination of team building games, role playing, media discussions with videos, small group time and self-reflective activities.

### S-Strengths

Discover personal strengths using the Strengths Explorer<sup>®</sup> on-line analysis.

### C-Character

Explore the foundations of character (wisdom, integrity and courage).

### R&E-Review & Educationally Manage Media

Discern authentic and healthy interactions with social media and on-line interactions.

### A-Authentic Alliances

Create healthy relationships that promote success at home and in school.

### M-My Life is My Influence

Live with courage and character to overcome life's challenges.



*Creating a Safe Culture for Teens*

For further information contact:  
[www.courageforyouth.com](http://www.courageforyouth.com)

CFY programs are in alignment with the BC Health and Career Education rationale (K to 7): "To provide students with the knowledge, skills and attitudes necessary to be informed decision makers and make healthy and safe choices."

# Why SCREAM ?

"Research shows that promoting social and emotional skills leads to reduced violence and aggression among children, higher academic achievement, and an improved ability to function in schools and in the work place." (<http://www.edutopia.org>)

Some of the skills we teach are:

- Identify characteristics of healthy and unhealthy relationships
- Recognizing and responding to stereotyping, discrimination and bullying
- Assess the influence that peers and media have on individuals' attitudes and behavior
- Identify strategies for safe use of wireless and online communications
- Strategies for decision-making and evaluating consequences
- Promote a safe and caring school community

How can I get **SCREAM** for my school?

SCREAM is a 12.5 hour program (5 units at 2.5 hours) for grade 6 or 7 students.

To book SCREAM contact Gary at: [gary@courageforyouth.com](mailto:gary@courageforyouth.com)

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